

**Your most
important patient
is you!**



Studies have been conducted by universities, national, state and county medical associations as well as large healthcare institutions to determine the level of physician "burnout". Glaring statistics report 46% of physicians are or have experienced "burnout".



**Caring for
Your Most
Important Patient**



**Physician Vitality
Program**



The program is sponsored by the Knoxville Academy of Medicine Foundation (KAMF). If you would like to make a contribution to this 501(c)3 organization, mail your tax deductible check to :

KAM Foundation
115 Suburban Road
Knoxville, TN 37923
(865) 531-2766

or donate online at:
knoxvillemedicine.org



The First Step:

The first step to solving a problem is to recognize it and consider its ramifications.

- Lower quality of care
- Higher medical error rate
- Staff turnover within a practice
- Physician substance abuse
- Physician suicide

Confidentiality:

A major deterrent to seeking help for this epidemic in healthcare is the concern for confidentiality. The Knoxville Academy of Medicine is addressing this obstacle and offering its members a unique and secure counseling solution to getting the needed help.

Custom made for physicians



How It Works:

- Appointment hours are flexible to accommodate a physician's schedule
- Appointments are made via a dedicated and confidential phone source
- No diagnosis is made, no insurance billed and no electronic medical records created
- Free to all Physicians in the Knoxville Academy of Medicine (First six sessions)
- No information disclosed to others without written consent
- No role in disciplinary or fitness-for-duty evaluation
- Coaching and Education Opportunities
- All counseling sessions are off campus of medical society, hospitals, and practice
- Complete Anonymity

A Free Program to Support KAM Members

Call this confidential and secure number at (555) 555-5555 to schedule your first appointment. Build a plan to equip yourself with the tools necessary to become the best physician you can be.

